

LISTOS CALIFORNIA

EMERGENCY PREPAREDNESS TIPS



STAY SAFE IN WILDFIRE SMOKE

Smoke from wildfires can make the air very unhealthy for you, your loved ones, and your pets, even if the fire is very far away.

Breathing this air is especially harmful for sensitive groups, like children, older adults, and those with pre-existing health conditions.



Know How to Check Air Quality Conditions

- The Air Quality Index (AQI) shows how much smoke, ash, and pollution is in the air. The AQI uses a simple system of numbers and colors to help you understand the level of danger to your health.
- To know if the air where you live, work, study, or play is safe, frequently check [airnow.gov](https://www.airnow.gov).



Stay Safe Indoors

- Stay indoors and keep children and pets inside as much as possible.
- If you're inside, keep doors and windows closed to avoid wildfire smoke.
- Use air purifiers if you have them.
- Turn off ventilation fans or anything allowing outdoor air to enter. Set your air conditioning to reuse air that's already in the house.
- Don't burn candles or oil lanterns inside.



Stay Safe Outside and On the Go

- When unhealthy smoky air reaches your community, wear a mask that will protect you from small particles. A regular cloth or surgical mask won't help.
- If you work outside, ask your employer for an appropriate mask.
- If you are evacuating, wear an appropriate mask.
- Look out for others in your community, including your neighbors and loved ones.
- In an emergency or if someone has difficulty breathing, call 9-1-1.

